

S.S.R.A. NEWSLETTER

SMITHTOWN SCHOOLS RETIREES' ASSOCIATION

2023 DUES are DUE!
See back cover
for more details!



Volume 23 / Issue 1



October 2022

2022 NYSUT ENDORSEMENTS/RECOMMENDATIONS

Statewide Office

- Governor - Kathy Hochul
- Lieutenant Governor - Antonio Delgado
- Attorney General - Letitia James
- Comptroller - Thomas DiNapoli

NYS Congress Recommendations

- CD 1 - Bridget Fleming (D)
- CD 2 - No Endorsement
- CD 3 - Robert Zimmerman (D)
- CD 4 - Laura Gillen (D)

NYS Senate Candidate Endorsements

- SD 1 - Anthony Palumbo (R-C)
- SD 2 - Mario Mattera (R)
- SD 3 - Dean Murray (R-C)
- SD 4 - No Endorsement
- SD 5 - John Brooks (D-WF)
- SD 6 - Kevin Thomas (D-WF)
- SD 7 - Anna Kaplan (D-I-WF-SAM)
- SD 8 - No Endorsement?
- SD 9 - Ken Moore (D-WF)

NYS Assembly Candidate Endorsements

- AD 1 - Fred Thiele, Jr. (D-I)
- AD 2 - No Endorsement
- AD 3 - Joseph DeStefano (R-I-C)
- AD 4 - Steven Englebright (D-I-WF)
- AD 5 - Doug Smith (R-I-C)
- AD 6 - Philip Ramos (D-WF)
- AD 7 - Jarett Gandolfo (R-I-C)
- AD 8 - No Endorsement
- AD 9 - Michael Durso (R-I-C)
- AD 10 - Steve Stern (D-WF)
- AD 11 - Kimberly Jean-Pierre (D-I)
- AD 12 - Cooper Macco (D)
- AD 13 - Charles Lavine (D-I-WF)
- AD 14 - David McDonough (R-I-C)
- AD 15 - No Endorsement
- AD 16 - Gina Sillitti (D-I-WF)
- AD 17 - John Mikulin (R-I-C)
- AD 18 - Taylor Darling (D-I-WF)
- AD 19 - Edward Ra (R-I-C)
- AD 20 - Eric "Ari" Brown (R-I-C)
- AD 21 - Judith Griffin (D)
- AD 22 - Michaëlle Solages (D-I-WF)



**November 8th is
ELECTION DAY!**

***How ever you choose to vote,
just get out there and make
your voice heard.***

See your area endorsements at
nysut.org/endorsements

Smithtown Schools Retirees' Association

26 New York Avenue ♦ Smithtown, NY 11787 ♦ (631) 585-8316

Email: ssraeditor@gmail.com

President	Patty Stoddard
Vice President	John Pettit
Treasurer	Susan Fink
Recording Secretary	Donna Milgrom
Membership Coordinator/ Social Committee	John Pettit
SSRA WebMaster	Richard Davis
NYSUT Liaison	June Smith
Communication Liaison	Bobbi Miller
RC Delegate	Lou DeBole
Alternate RC Delegate	Donna Milgrom
Sunshine Committee	
Consultant	Karen VanDover
Newsletter Editor	Mary Mills Desjeunes

The Smithtown Schools Retirees' Association is affiliated with the **Smithtown Teachers' Association**, the **New York State United Teachers**, and the **American Federation of Teachers**, and is comprised of members from all of the bargaining units in the Smithtown Central School District.

Monthly meetings are held on the second Monday of each month at 10:00 AM at the STA office

Visit our website at: myssra.com and Like us on **facebook**

All members are invited to attend.

We encourage your input and newsletter submissions.

get well soon

Best Wishes for a
SPEEDY RECOVERY to
Lou DeBole
on his recent hospitalization!



The Executive Committee of the Smithtown Schools Retirees' Association would like to extend sincere thanks to

CONNIE ANTONETTI

for her tireless efforts providing us with information about our members which is used in this publication and in blast emails.

We are truly grateful for her input and dedication.

Our Deepest Sympathy :

◆ To Family and Friends of Winifred Snyder

We are so sad to tell you of the passing of our dear Winifred Snyder. Wini **embodied** the very nature of our Sunshine Committee. She handled the SSRA Committee for more years than we can count.

She was our longtime friend, and confidant; a fiery red-head with a quick wit and a great sense of humor.

Wini's smile and joy touched us in so very many ways over such a long time!

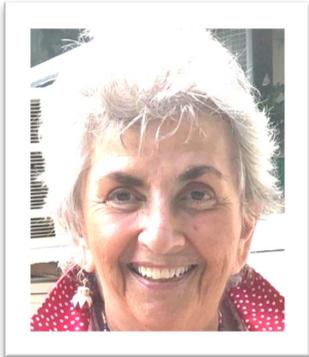
We were privileged to have just celebrated Winnie's 95th birthday with her.

She was interred at St. Patrick's Cemetery,
Mount Pleasant Rd, Hauppauge, New York

Condolences can be sent to 16 Summerset Drive, Smithtown, NY 11787



◆ To Family and Friends of Beverly Daffner



Beverly passed away on July 20, 2022 at 77 years old. She faced her illness with courage and bravery throughout .

Beverly was born in Schenectady, New York and attended Linton High School, graduated SUNY Oneonta, attended New York University and University of Vermont, before joining the faculty in the Smithtown School District as a 3rd grade teacher at Mt Pleasant Elementary School. She then taught 6th, then 5th grade and went on to teach at the middle school, staying in the same district for 34 years

She was a monumental figure in her students' lives. Former student tributes to Beverly have spoken of her enduring influence and love, care and guidance, and love in their lives. So many have been inspired in their life choices by her magic in and out of the classroom.

She doted on her family of friends and relatives and her beloved dogs and cats she raised over the years, never forgot a special occasion and made a lasting impression on everyone she encountered.

Donations may be sent to:

Beth Israel
2195 Eastern Parkway, Schenectady NY 12309

-Alzheimer's Association
4 Pine West Plaza #405, Albany NY 12205

-ASPCA <http://aspca.org>

-Charity of One's Choice

◆ To Family and Friends of Christine Petty

Christine Petty passed away on August 30, 2022. Chris began her career in Smithtown at Landing, then moved to Accomsett when Landing closed. She retired around 2005.



Continued on Page 4

Our Sincere Condolences to:

◆ To Family and Friends of Marion Mc Llenan

Secretary to former administrator of Pupil Services Rocky Tangredi,
Marion has peacefully passed away.
Condolences can be sent to family at:
2059 Prospect Hill Drive
Mt. Pleasant, South Carolina. 29464

Her favorite charity was: St. Jude Children's Hospital



◆ To Family and Friends of Sherry Jargo

Sherry Jargo passed away on May 16, 2022.
Sherry began her teaching career in Smithtown at Mills Pond Elementary
when Bill Eysaman was principal, and then, upon returning from
several maternity leaves, taught in various schools around the district,
including teaching 6 grade science.

Sherry retired in 2000.

All arrangements were handled in North Carolina.

Her husband David called to ask we share the sad news with Sherry's Smithtown friends,
and recounted their long happy marriage.

◆ To Family and Friends of Alice Shleifer

Alice Schleifer peacefully passed away Monday morning, August 15, 2022 at home
and in no pain, following a brief illness.

Alice was a retired Smithtown teacher who taught at Branch Brook Elementary School.

She leaves behind a wonderful legacy of family, friends and community.

She will be sadly missed by all.

Donations in memory of Alice Schleifer:

-DR. MARGARET SCHLEIFER-NACHIMSON MEMORIAL SCHOLARSHIP

Shortly before completing her residency in Houston, she was killed in an auto accident in 1992.
Her mother, Alice Schleifer, and her husband, Dr. Joel Nachimson, established this scholarship in
1996 in her memory.

<https://makelivesbetter.uthscsa.edu/page.aspx?pid=911>

-Hadassah <https://www.hadassah.org/donate/simple>

-Your local public library

◆ To Family and Friends of Dr. John Gallo

Dr. Gallo retired in 2008 and last held the position of Assistant Principal at Smithtown HS West.

He proudly dedicated more than 30 years of service to the district.

Dr. Gallo was the husband of retired Social Worker Patricia White

and the father-in-law of Robert Boccio,

Network and Systems Administrator and District Data Coordinator.

Condolences may be sent to:

Patrica White 11 Bianco Ct Smithtown, NY 11787

The Boccio Family 260 Fourth Ave St. James, NY 11780



Continued on Page 5

Our Sincere Condolences to:

◆ **To Family and Friends of Caryle Bethel**

Caryle Bethel passed away peacefully on Sept. 21, at the age of 80, following a valiant 3 year battle with pancreatic cancer. Cremation and burial are private. Caryle taught at Nesconset Elementary in the mid-to-late 60's and again in the late 90's and early 2000's.

She is survived by her daughter, Brooke, and 4 loving grandchildren.

A celebration of life will be held in Voorhees Hall at Mount Sinai Congregational Church, [223 North Country Road, Mt. Sinai, NY 11766](#) on Monday, Oct. 17, 4-6 P.M.

Memorial donations in Caryle's name will be accepted by the church, with proceeds going to their food bank.

Condolences may be sent to:

Brooke (Bethel) Harrell, P.O. Box 533. Sunapee, NH 03782

◆ **To Family and Friends of Phyllis Heger-Heinen**

Phyllis passed away peacefully on June 15th.

She was loved and will be missed deeply.

Dear Friends of Phyllis,

Like all of you, I was expecting this horrific news, unable to stop it from coming with prayers, cards, flowers, gifts and calls. Phyllis was an unbelievably thoughtful woman, strong about some things, fragile about others. She was a magnificent friend, caring, giving of her time and energy, loving her Peter and Cece and her dogs. She loved her friends, treasured her religious affiliations and the prestige brought to her by her pastor and congregation. She always listened and shared. She was so proud to be part of the adjunct faculty of Stony Brook University.



My extra pain in losing her was that I couldn't be there to be with her. Last week I sent her a "love note" to remind her of how special she was. I hope that whoever does her eulogy will incorporate some of the ideas in that card. Knowing the mail, that card may not have arrived yet. If so, please open it, and if possible use part or all of it to convey the love and admiration that we all had for Phyllis. We all know how much her family and friends meant to her. Thanks to all of you who helped her since her surgery, and cared for her in person. I will be grieving like all of you.

Mary Ann and Donna—

Special thanks to you for keeping me in the loop. The last time I spoke with her,

Matt was holding up the phone and she was

very incoherent. I am sure she knew

all that I wrote to her without reading it.

My condolences to all of you.

There are not too many people in this world

who were comparable to her.

Gene and I will plant trees in Israel as a living

tribute to her.

Fondly, Elyse Magram



Health tip: Women's health

**OCTOBER is
BREAST CANCER
AWARENESS
MONTH**



Understanding women's health

It is important to understand women's health, as it may vary from that of men. Women are faced with unique health concerns across the lifespan that may impact their overall well-being. Specifically, women may be challenged by things such as certain types of cancers, changes in reproductive health, eating disorders, osteoporosis, and domestic violence.¹

During each stage of life, it is important to understand the types of diseases that may affect a woman, as well as one's risk factors, recommended preventive screenings and healthcare needs. As these things evolve, a woman's best defense toward developing a chronic disease is prevention and action.

Disease prevalence, risk, and prevention

Although women are at risk for many diseases, specific ailments, such as heart disease and certain types of cancer, tend to affect women more often.

Heart disease is the leading cause of death for women, killing 1 in 5 women in the United States. Key risk factors for developing heart disease include high blood pressure, high LDL cholesterol, and smoking.⁴

Breast cancer is the second leading cause of death from cancer in American woman, affecting mostly white females. Although there are several risk factors for developing breast cancer, the main threat is age—most breast cancers are diagnosed after age 50. Prevent the development of breast cancer by receiving a mammogram at the recommended timeframe.⁵

Cervical cancer is another form of cancer that effects only women. Like breast cancer, there are many risks for cervical cancer. However, the major risk factor for developing cervical cancer is being diagnosed with HPV—spread mainly via sexual contact. Therefore, it is recommended to receive a pap smear to screen for cervical cancer once you become sexually active, or by age 25.⁶

Colorectal cancer should also be taken seriously, as it is the third leading cause of death from cancer in the United States, not just among women. Age, family history, and lifestyle choices may increase the likelihood of developing colorectal cancer. Moreover, it is recommended to begin screening for colorectal cancer at age 45, regardless of gender.⁷

To prevent the development of these diseases, it is crucial to understand your risk, get recommended screenings, and see a physician regularly.

Here are some tips that may help reduce your risk:

- **Quit smoking.**
- **Eat healthier.** Try to consume a healthier, balanced diet consisting of a variety of fruits, veggies, whole grains, lean protein, and low-fat dairy products. Limit your intake of added sugar, saturated fats, and sodium.
- **Get regular physical activity.** Aim for moderate intensity physical activity (like brisk walking or jogging) for at least 150 minutes a week, with muscle-strengthening activities at least 2 days per week.
- **Avoid excess alcohol consumption.**
- **Get screened.** To prevent the development of any chronic diseases, or to catch them early, make preventive screenings a part of your medical routine.
- **Get enough sleep.** Insufficient sleep may lead to poor management of chronic diseases and depression. Adults should get at least 7 hours of sleep daily.

Facts to know^{2,3}

14.4%

of women over age 18
are in fair or poor health

41.8%

of women over age 20
are obese

Less
than **50%**

of women over age 18
meet the federal guidelines
for aerobic physical activity

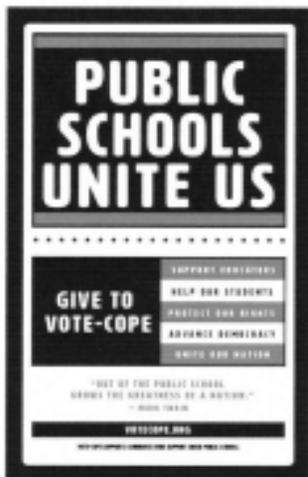
20M

women suffer from
eating disorders



VOTE-COPE DRIVE IS ON!

You can contribute by Direct Contribution (check) or monthly Pension Deduction.



Please read pages 7 & 8 carefully and complete the appropriate section and instructions on the form.

Name _____

Address _____

Local # **#23-050 Smithtown Teachers Association**

Member ID # _____

Count me in!

I want to support educators, help our students, protect our rights, advance democracy and unite our nation — all through my voluntary contribution to VOTE-COPE.

There's no easier way to support VOTE-COPE.

Direct Contribution Card

Email: _____

Home phone number: (____) _____ - _____

*Mobile phone number: (____) _____ - _____

**By providing my mobile phone number I am expressly consenting to receive autodialed and/or prerecorded calls and/or text messages from, or on behalf of, AFT, NEA, NYSUT, AFL-CIO and/or the local union at the wireless number provided. The scope of this consent relates to any purpose for which any of the above entities may call.*

Name _____

Address _____

Local # **#23-050 Smithtown Teachers Association**

Member ID # _____

Amount of Contribution: \$ _____

Check enclosed # _____

(Please make check payable to VOTE-COPE.)

Credit card option:

Please visit votecope.org to make a secure one-time contribution online.

It is important that we receive the original form so we can accurately credit your contribution.

Pension Deduction Authorization Card

Name _____

Address _____

Local # **#23-050** Member ID # _____

Smithtown Teachers Association

I belong to the New York State Teachers' Retirement System (NYSTRS)

I belong to the New York State Employees' Retirement System (NYSERS)

I hereby request monthly withholding of union deductions from my monthly benefit as permitted by Section 536 of the Education Law and Section 110-b of the Retirement and Social Security Law. NYSTRS or NYSERS is authorized to continue taking such deduction until NYSUT receives written notice from me to the contrary. I understand that NYSUT VOTE-COPE is my agent and all requests to begin, modify or revoke deductions must be submitted through NYSUT VOTE-COPE.

Please provide your email address: _____

NR 202103

Please read and sign the Pension Deduction section on page 8.

Mail the form to:

**VOTE-COPE
POBox 295**

Canajoharie, NY 13317-0295



Dear NYSUT Member,

These unsettling times have shone a light on a fact that we have always known: **Public Schools Unite Us.**

Educators, school-related professionals, and health care heroes have all come together to support our public schools and the students they serve. We need your help today to make sure our schools, colleges, and hospitals have the resources they need to navigate our future. Since no local dues dollars are used to support political parties, candidates or campaigns, your voluntary contribution to VOTE-COPE is the only way to ensure elected leaders in Albany and Washington D.C. stand up for public education, hear our voices and understand our needs.

Through a thorough endorsement process, VOTE-COPE supports candidates for public office who have a proven record of championing public education and health care while sharing our union values:

Great **public schools** that are safe and welcoming and prepare young people for life, careers and affordable higher education.

Good jobs that pay a decent wage, allow a voice at work and provide a secure retirement.

Affordable, accessible and high-quality **health care.**

A strong and vibrant democracy that embraces the **voice** of labor, unrestrained rights to vote, a **free press** and an **independent** judiciary.

A commitment to **justice**, fighting discrimination, hatred and bigotry.

Public schools unite us and together that makes us stronger. Please do your part and support our educators, help our students, protect our rights, advance democracy and unite our nation. SUPPORT VOTE-COPE.

In solidarity,



Andy Pallotta

NYSUT President
Chairperson of VOTE-COPE



It is important that we receive the original form so we can accurately credit your contribution.

Please keep a copy for your records.

VOTE-COPE is the New York State United Teachers' political action fund.

Contributions or gifts to VOTE-COPE are not deductible as charitable contributions for federal income tax purposes.

To contribute through pension deduction, please complete the bottom section.

If you wish to make a direct contribution by check, please use this middle section.

FOR DIRECT CONTRIBUTION BY CHECK:

- Complete the form on page 7, and sign it.
- Enclose your check made payable to **VOTE-COPE**
- Mail it to:

SSRA
ATTN: Mary Mills
26 New York Avenue, Smithtown, NY 11787

or send it directly to:

VOTE-COPE
Post Office Box 295
Canajoharie, New York 13317-0295

vote COPE Pension Deduction Authorization Card

The undersigned authorizes the New York State Teachers' Retirement System (NYSTRS) or the New York State Employees' Retirement System (NYSERS) to deduct from each of my regular defined-benefit pension payments the sum of \$10, \$5 or Other \$____ (per month) and to forward that amount to VOTE-COPE, c/o NYSUT, 800 Troy-Schenectady Road, Latham, NY 12110. I understand that this monthly amount will continue to be deducted until revoked by me in writing.

Such guidelines are merely suggestions. NYSUT members are free to contribute more or less than the guidelines suggest, and NYSUT will not disadvantage anyone by reason of the amount of their contribution or decision not to contribute. Contributing to VOTE-COPE is voluntary, and NYSUT members may refuse to contribute to VOTE-COPE without reprisal. Contributing to VOTE-COPE is not a condition of membership in any labor organization. VOTE-COPE may use the money it receives to make political contributions and expenditures in connection with federal, state and local elections.

I expressly acknowledge and understand that the deduction, as specified above, be withheld monthly and that NYSUT will transmit this authorization to the appropriate retirement system. I hereby certify to NYSTRS and NYSERS that I am a member of NYSUT, an employee organization entitled to receive union deduction payments as provided by law.

Name _____ Pension # _____

Phone # _____ Date _____

Signature _____

Local from which you retired **#23-050 Smithtown Teachers Association**

votecope.org

VOTE-COPE is the New York State United Teachers' political action fund.

Contributions or gifts to VOTE-COPE are not deductible as charitable contributions for federal income tax purposes.

An Invitation

It's a warm, sunny Sunday early-October afternoon 7 miles north of the Equator. At this moment, on a hilltop on the outskirts of Meru, Kenya, many youngsters are either helping to plant maize on the sloping land surrounding their home, washing their clothes in basins outdoors before hanging them to dry on the wire fencing encircling the dormitory in which they live, playing "football" (we call it soccer) or basketball on the terrace fronting their dining hall-- if cars aren't parked there, attending Sunday School in the church next door, jumping rope or playing hopscotch in the few dozen feet between the dining hall and the church, or sitting at the tables indoors, doing homework or studying for the upcoming National Exams that will pretty much determine their futures.

The students in the 8th grade will be taking the KCPE exam over a period of several days in mid-November. If they score high enough, they will be eligible to begin studies at a Secondary School next term- either a boarding school or a day school. If their scores are below C, they will perhaps attend a local technical school for 2 years, learning to become welders, cooks, secretaries, electricians, plumbers, and the like. Meanwhile, 12th grade students will sit for KCSE exams in November. Those who pass with a

C+ or better are eligible to attend university--either locally or nearer to Nairobi, 5 hours away by car or bus. The rest of them will probably enter technical schools to learn different types of engineering skills or business practices. A few, perhaps, will seek training for work with the national highway department or the army.

The youth described above are all "orphans", meaning that they lack one or both functioning parents, and were unable to be cared for by extended family. They were brought to the Jerusha Mwiraria Hope Children's Home by local government authorities because they were not attending school and/or were found to be living in the streets of Meru Town. The Home currently cares for 84 of these youngsters. The most recent arrivals, 11 of them, had been left homeless after their parents died of Covid-19. All now receive ample food, clothing, shelter, medical and other professional care that they need and are enrolled in nursery through university level educational institutions. All are on the way to becoming productive adults.

Beginning at 10 AM on **Sunday, October 16th**, seven time zones away from us, most if not all of these youngsters will joyfully participate in the **18th Annual Kenya/USA Bi-Continental 5K Run/Walk**. This event, now "**The Larry Hohler/Joseph Kirima Memorial**" named for the 2 co-founders of The Home, will raise money and awareness within the Merian community. Meanwhile, on the same date, at the same time, in Port Jefferson Station, NY, half a world away, dozens of walkers and runners of all ages will begin their 5K on the Setauket-Port-Jefferson Station Greenway Trail to benefit The Hope Children's Home and its mission.

The Hope Children's Fund cordially invites you to join this opportunity to make a difference in the lives of these Kenyan youth. See the ad for participation information.

Thank you! —*Yvette Hohler*

Compete against Kenyans who will be running simultaneously on the other side of the world!



Rotary
Rocky Point



SUNDAY • OCTOBER 16, 2022 • 10am

Setauket-Port Jefferson Station Greenway Trail

PORT JEFFERSON STATION, NY

Enter parking lot at the traffic light between Enterprise Car Rental and the 7-11 on Rte. 112

Suggested donation: \$30* Registration: 9:00-9:30am

*Runners/walkers who can secure more than \$100 in pledges run for free.
Medals for all finishers.

VIRTUAL RUN/WALK ANY TIME up to OCTOBER 23, 2022

For more information, contact Kevin Mann at kevinmannmail@gmail.com or Ed Hyshiver at edhysh@optonline.net
*All proceeds go to support the Jerusha Mwiraria Hope Children's Home in Meru, Kenya.

venmo@HopeChildrens-Fund or donate at hopechildrensfund.org

Continued on Page 11

**Hungry?
Need a car rental?
Looking for a good deal on a hotel or flight?**

The NYSUT Member Benefits Discounts & Deals program helps you make every dollar count. Save up to 50% on:

- Restaurant dine-in or take-out
- Groceries and food delivery
- Meal subscription services
- Clothing and shoes
- Oil changes
- Hotels and flights
- Car rentals

MEMBER BENEFITS
nysut
Working to Benefit You

MB Discounts & Deals offers more than 21,000 deals throughout New York State along with hundreds of thousands nationwide. You can even refer your favorite local business (restaurant, coffee shop, workout facility, etc.) to join the network and provide NYSUT members with a special discount. Don't miss out... register your account today!

Member Benefits is proud to endorse MB Discounts & Deals along with dozens of other programs and services that may be able to benefit you and your family members. Take some time to explore our website to find out how we can help you make every dollar count!



Learn more by scanning the QR code to the left,
visiting memberbenefits.nysut.org
or calling 800-626-8101.

For information about contractual endorsement arrangements with providers of endorsed programs, please contact NYSUT Member Benefits. Sept/Oct 2022



Heather and Joe Gilkey

HAPPY BIRTHDAY, JOE!

Time has a way of marching on and birthdays seemed to be occurring sooner than I thought! This year's birthday had two special occasions to celebrate. I would be 91 and my oldest son just retired from a professorship at St. Peter's University. Fortunately, my son and daughter-in-law would be in Florida looking at property at this time of year, so Heather and I could meet up with them in Orlando. We spent 3 nights there enjoying the lazy river, good food, and lots of catching up to celebrate a birthday and a retirement.

CLASS OF



To the Smithtown Schools Retirees Association,

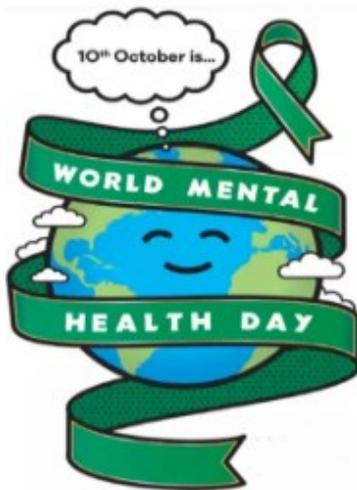
Thank you so much for your generous scholarship. I will be sure to apply this money towards my education at the University of Buffalo this fall.

Forever grateful,

Courtney Vigliotti

SMITHTOWN HIGH SCHOOL WEST WINNER

October 10th is WORLD MENTAL HEALTH DAY



What is Depression?

Depression is an illness that causes you to feel sad, lose interest in activities that you used to enjoy, withdraw from others, and have little energy. It's different from normal feelings of sadness, grief, or low energy. Depression can also cause people to feel hopeless about the future and to even think about suicide.

It is not a character flaw, and it does not mean that you are a bad or weak person.

Depression is very common. It affects men and women of all ages. If you think you may be depressed, **tell your doctor.**

Treatment can help you enjoy life again.

Your SSRA Board has decided to mail hard copies of this newsletter in an attempt to keep in closer touch with our members. Electronic copies also available at

myssra.com



Join Our Board!

Do you have a special talent
you'd like to contribute to our SSRA Board?

Are you good with computers?

Would you like to volunteer to present scholarship
awards to our winners,
be our Sunshine Committee, or perhaps attend NYSUT retiree meetings
as a delegate?

There's lots to do, and we need you!

We are all slowly getting back into the swing of things
after two years of quarantining and restrictions, and we could use your
help and input. After all, we're not getting any younger!

Drop me a line at ssraeditor@gmail.com

Let's talk!



NYSUT DISASTER RELIEF FUND

Hurricane Ian was devastating.

NYSUT is committed to helping members in times of need through
NYSUT Disaster Relief and Scholarship Fund.

One of the charitable purposes of the fund is to promote and
enhance the welfare of NYSUT members who are in need of assistance because of
the occurrence of a natural or man-made disaster.

The NYSUT Disaster Relief and Scholarship Fund provides relief support for
eligible losses stemming from: (a) man-made occurrences (such as an accidental
house fire); (b) natural disasters not designated as federally declared qualified disas-
ters (such as weather related storm damage); and (c) federally declared qualified
disasters (such as flooding).

NYSUT Disaster Relief Grants are made possible primarily by donations from
NYSUT Members along with support from NYSUT, AFT and NEA Member Benefits.

PLEASE DONATE! Or APPLY FOR RELIEF!

Visit: <https://www.nysut.org/about/supporting-our-communities>

Or call: 1-800-842-9810 for NYSUT Social Services

Or @NYSUTUNITED on Facebook

*Our thoughts and prayers for strength go out to our friends and
colleagues who have endured the wrath and devastation of
Hurricane Ian throughout Florida and up the east coast of the country.*



Additions/Changes to Directory

New/Renewed Members:

Caryle Bethel	Deceased 9/21/22
Beverly Daffner	Deceased 7/20/22
Sally Decker	800 Oregon Street Apt. 266, Sonoma, CA 95476
Nina Dees	16708 E Broadway Apt. D106, Spokane, WA 99037
Lisbeth Dooley-Zawacki	BethDZSLP@gmail.com
Betty Fecci	90110 Hoey, Chapel Hill, NC 27517 516-263-9184 bettyfecci@gmail.com

Submitted by John Pettit

Phyllis Heger-Heinen	Deceased 6/15/22
Larry Hohler	Deceased 5/12/22
Sherry Jargo	Deceased 5/16/22
Patricia Link	2855 Murrell Road Apt. A217, Rockledge, FL 32955 321-735-1204 plinky760@gmail.com
Nancy Pinto	vanhoffer85@gmail.com
Winifred Snyder	Deceased 9/9/22
Linda Wurtz	Lwurtz80@aol.com

***Just sayin'* Submitted by Lou DeBole**

- I saw a woman wearing a sweat shirt with '**Guess**' on it . So I said, 'Implants?' She hit me!
- Marriage changes passion. Suddenly you're in bed with a relative.
- Now that food has replaced sex in my life, I can't even get into my own pants.
- How come we choose from just two people to run for president and over fifty for Miss America?
- When I was young we used to go 'skinny dipping.' Now I just 'chunky dunk.'
- I signed up for an exercise class and was told to wear loose fitting clothing.
If I HAD any loose fitting clothing, I wouldn't have signed up in the first place!
- Wouldn't it be nice, if whenever we messed up our life, we could simply press 'Ctrl Alt Delete' and start all over ?
- Don't argue with an idiot; people watching may not be able to tell the difference.
- Wouldn't you know it ...Brain cells come and brain cells go, But FAT cells live forever.
- Life is like a roll of toilet paper. The closer it gets to the end, the faster it goes .
- Save the Earth... It's the only planet with chocolate



**HUSBANDS ARE THE BEST
PEOPLE TO SHARE YOUR
SECRETS WITH.**

**THEY'LL NEVER TELL
ANYONE BECAUSE THEY
AREN'T EVEN LISTENING.**

**I ORDERED A
CHICKEN
and
AN EGG
from
AMAZON.**

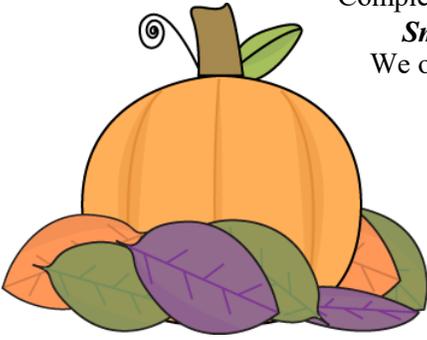
*I'll let you
know*

**The three hardest
things to say are:**

- 1. I was wrong**
- 2. I need help
and**
- 3. Worcestershire
Sauce**

Time to Renew Your Membership for 2023!

Complete the form below and mail it with a check for **\$15** made payable to the **Smithtown Schools Retirees' Association** by **JANUARY 1st, 2023**
We operate on a calendar year and these dues are independent of the STA.



IMPORTANT NOTE:

If you receive any endorsed programs & services from NY state other than a pension, you are **required by law** to belong to your local retiree Association – the SSRA

Kindly cut out this coupon and mail it with your check to:
Smithtown Schools Retirees' Association c/o STA office
26 New York Avenue, Smithtown, NY 11787

*(For those with more than one address please list your **PRIMARY** one only)*

Name: _____ Year Retired : _____

Address: _____ Apt. #: _____

City/Town: _____ State: _____ Zip _____

Home Telephone: _____ Cell Phone: _____

Email Address: _____

Affiliation: *Circle one:* 

STA **SSEA** **SSAA**

Security Guard **Nurses**

*Please be careful not to send duplicate checks dues payments.
The SSRA Board will consider duplicate checks donations to
our scholarship fund and proceed as such.*

S.S.R.A.

Smithtown Schools Retirees' Association
c/o STA Office
26 New York Avenue
Smithtown, NY 11787